

Third Congress

# Bonding Embryologists to Geneticists and Fertility specialists. 10 year anniversary

with International Participation

Organized by:



— assistingnature —  
**COLLEGE**  
OF REPRODUCTION

September  
**8<sup>th</sup>–10<sup>th</sup>**  
**2023**

[www.assistinginfertility.gr](http://www.assistinginfertility.gr)

Under the auspices:



Obstetrics & Gynecology Society  
of Thessaloniki



Hellenic Obstetrics & Gynecology Society



Medical Association of Thessaloniki

**NOESIS**

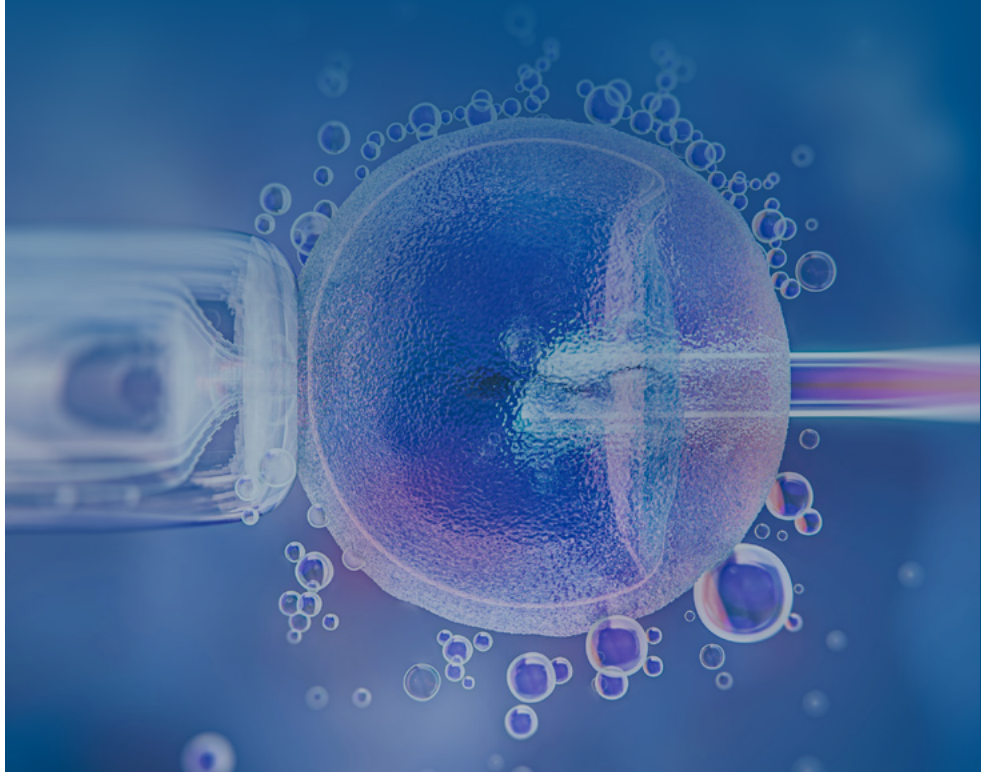
Thessaloniki Science Center  
& Technology Museum

**THESSALONIKI**

**PROGRAM**

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# Welcome Address

Dear colleagues and friends

Our 3<sup>rd</sup> International Congress signifies the bond that should be present in every day clinical decision among fertility specialists, embryologists, and geneticists.

The evolution of new laboratory techniques for culturing and monitoring the embryo development inquires greatly trained embryologists as well as highly motivated.

Similarly, the genetic fingerprint of each disease and disorder gradually becomes available, enhancing thus, the deselection of abnormal embryos, and protecting infertile couples from experiencing the burden of pregnancy failure and even pregnancy loss.

Therefore, we formed a team of international and domestic scientists, world known specialists in their field, asking them to deliver their evidence and opinion on how this synergy between us can work efficiently for our patient profit.

**Papanikolaou E.G.**

Associate Professor AUTH, Thessaloniki, Greece  
Chairman of the Congress



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- Medical Association of Thessaloniki

## Committees

### ORGANIZING COMMITTEE

- |                        |                        |
|------------------------|------------------------|
| Eirini Asouchidou      | Afroditi Katouna       |
| Tatiana Chartomatsidou | Anastasia Koutsouni    |
| Foteini Chouliara      | Sofia Bouchlariotou    |
| Dimitra Christopikou   | Robert Najdecki        |
| Athanasios Gkekas      | Evangelos Papanikolaou |
| Christina Ioakeimidou  | Anna Timologou         |
| Ourania Kakani         | Evangelia Timotheou    |
| Madalena Kalaintzi     | Odysseas Zafeiratis    |

### SCIENTIFIC COMMITTEE

- |                        |                        |
|------------------------|------------------------|
| Eirini Asouchidou      | Christina Ioakeimidou  |
| Ioannis Bontis         | Apostolos Mamopoulos   |
| Sofia Bouchlariotou    | Giorgos Michos         |
| Fernando Bronet Campos | Robert Najdecki        |
| Tatiana Chartomatsidou | Evangelos Papanikolaou |
| Foteini Chouliara      | Andres Salumets        |
| Dimitra Christopikou   | Evangelia Timotheou    |
| Martine De Rycke       | Herman Tournaye        |
| Aspasia Destouni       | Willen Verpoest        |
| Human Fatemi           | Nikolaos Vlachos       |
| Athanasios Gkekas      | Nikolaos Vrachnis      |
| Grigoris Grimbizis     | Hakan Yarali           |
| Michael Grynberg       |                        |



**Scientific Program**

**FRIDAY, SEPTEMBER 8<sup>th</sup>, 2023**

**19:00-19:15**

**WELCOME ADDRESSES**

- N. Nitsas**  
 President of the Medical Association of Thessaloniki
- K. Anastasiadis**  
 President of the Aristotle University of Thessaloniki, School of Medicine
- A. Plevris**  
 Minister of Health

**19:15-20:30**

**SESSION I: BIRTH DEFICIT; THE HIDDEN ICEBERG THAT  
 THREATENS TO SINK THE HELLENIC TITANIC**

Chairs: **S. Kalantaridou**, GR, **E.G. Papanikolaou**, GR, **H.Yarali**, TR,  
**A. Plevris**, GR

Bridging the gap among us: should doctors discuss with  
 embryologists and geneticists more often

**R. Naidecki**, GR

What measures has the Hellenic Government undertaken so far?  
**D. Michailidou**, GR

Which are the quality indexes that keep greek births so low?  
**V. Kotzamanis**, GR

ReBIRTH Greece: an innovative proposal to enhance fertility and  
 childbearing  
**E.G. Papanikolaou**, GR

Discussion with the audience

**20:30-21:00**

**KEYNOTE LECTURE**

Genetics and reproduction in the era of Genomic Medicine:  
 challenges and opportunities  
**K. Stratakis**, GR

**21:00**

**Opening Ceremony**

Welcome Reception





**Scientific Program**

**SATURDAY, SEPTEMBER 9<sup>th</sup>, 2023**

**12:00-13:15**

**SESSION IV: REPRODUCTIVE SURGERY, WHERE WE STAND NOW**

Chairs: **A. Daponte**, GR, **O. Zafeiratis**, GR, **M. Paschopoulos**, GR,  
**N. Petrogiannis**, GR

When myomas should be operated?

**G. Grimbizis**, GR

Endometriomas, when should be operated?

**N. Vlachos**, GR

The importance of hysteroscopy in infertility treatment

**F. Chouliara**, GR

Endometrial receptivity and microbiota

**A. Salumets**, EE

Discussion

Discussant: **I. Vasilopoulos**, GR

**13:15 -15:00**

**SESSION V: ENCOUNTERING POOR RESPONSE AND POOR  
 IMPLANTATION**

Chairs: **C. Ioakeimidou**, GR, **A. Gkekas**, GR, **S. Bouchlariotou**, GR,  
**N. Markovic**, SR

Poseidon criteria

**C. Alviggi**, IT

Individualized luteal phase support-Fresh and FET cycles

**H. Yarali**, TR

Advanced diagnostics for poor implanters

**H. Fatemi**, UAE (Zoom participation)

Recurrent Pregnancy Loss - immunotherapy in cases of  
 immunological defect

**M. Litmanowicz**, PL

Individualizing ovarian stimulation

**M. Grynberg**, FR

Discussion

Discussants: **E. Tsakos**, GR, **E. Makrakis**, GR

## Scientific Program

### SATURDAY, SEPTEMBER 9<sup>th</sup>, 2023

<b>15:00-16:30</b>	<b>BREAK</b>
<b>16:30-17:00</b>	<b>BEST EMBRYOLOGIST RESEARCH AWARD</b>
	<p>10min presentation of submitted research papers with an embryologist as first author.</p> <p>A committee of invited speakers will vote the best research paper and a 500€ award will be granted to the winner.</p>
<b>17:00-18:15</b>	<p><b>SESSION VI: OBSTETRICAL OUTCOME OF IVF PREGNANCIES: WHAT CAN WE DO BETTER?</b></p> <p>Chairs: <b>A. Mamopoulos</b>, GR, <b>T. Dagklis</b>, GR, <b>V. Palapelas</b>, GR, <b>E. Asouchidou</b>, GR, <b>S. Mumusoglu</b>, TR</p> <p>Pregnancies after the age of 45. How safe it is? <b>I. Tsakiridis</b>, GR</p> <p>Can we decrease cesarean sections? What is the status in Greece? <b>N. Vrachnis</b>, GR</p> <p>New proposal for number of embryos to be transferred <b>E. Timotheou</b>, GR</p> <p>Uterus transplantation: where are we? <b>A. Kaponis</b>, GR</p> <p>Discussant: <b>V. Athanassiou</b>, GR</p>

## Scientific Program

### SATURDAY, SEPTEMBER 9<sup>th</sup>, 2023

<b>18:15-20:00</b>	<p><b>SESSION VII: PREIMPLANTATION GENETIC TESTING. IS THIS THE FUTURE FOR IVF</b></p> <p>Chairs: <b>J. Traeger - Synodinos</b>, GR, <b>A. Chatzimeletiou</b>, GR, <b>F. Bronet Campos</b>, ES, <b>I. Georgiou</b>, GR</p>
<b>18:15-18:35</b>	<p><b>KEYNOTE LECTURE</b></p> <p>Thermal fertility tolerance: the impact of climate change on reproductive capacity <b>E. Fragouli</b>, UK</p> <p>PGT-A for all or for whom? <b>D. Christopikou</b>, GR</p> <p>Non-invasive PGT-A for prioritizing embryos? <b>C. Ianae - Ichikawa</b>, ES</p> <p>European overview of registries on PGT-A. Where do we stand at now? <b>F. Bronet Campos</b>, ES</p> <p>Good practice recommendations on chromosomal mosaicism <b>G. Kakourou</b>, GR</p> <p>Discussion</p>
<b>20:00-20:30</b>	<p><b>KEYNOTE LECTURE</b></p> <p>Developmental and functional heterogeneity in follicles. An ongoing battle against menopause <b>D. Laird</b>, USA</p>



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## Scientific Program

### SATURDAY, SEPTEMBER 9<sup>th</sup>, 2023

20:30-21:15

#### SESSION VIII: TOWARDS A SINGLETON DELIVERY

Chairs: **I. Bontis**, GR, **S. Fidani**, GR

Single Embryo Transfer & PGT-A

**A. Vaiarelli**, IT

How PGD has evolved the last 20 years

**W. Verpoest**, BE

PGT-M, can we apply it for any monogenic disease?

**M. De Rycke**, BE (Zoom participation)

Closing Remarks

**E.G. Papanikolaou**, GR



**Scientific Program**

**SUNDAY, SEPTEMBER 10<sup>th</sup>, 2023**

**POST CONGRESS COURSES HANDS ON PRACTICE AT ASSISTING NATURE LAB FACILITIES**

*(Maximum participation 10 persons per course)*

**10:00-14:00**

**HANDS ON FOR EMBRYOLOGISTS  
 BIOPSYING, VITRIFYING AND THAWING D5 EMBRYOS**  
 Instructors: **E.Timotheou**, GR, **E. Nikitos**, GR, **I. Panagiotidis**, GR

**10:00-14:00**

**HANDS ON FOR GENETICISTS  
 WHOLE GENOME AMPLIFICATION (WGA), NGS ANALYSIS &  
 GENETIC COUNSELING**  
 Instructors: **D. Christopikou**, GR, **M. Galiotou**, GR,  
**E. Siomou**, GR

**10:00-14:00**

**HANDS ON FOR FERTILITY SPECIALISTS (PROVIDED BY COOK)  
 EMBRYOTRANSFER TECHNIQUE ON UTERUS FANTOMS**  
 Instructors: **C. Ioakeimidou**, GR, **A. Gkekas**, GR,  
**S. Bouchlariotou**, GR

**10:00-14:00**

**HANDS ON FOR FERTILITY SPECIALISTS,  
 HYSTEROSCOPY ON 3D UTERUS FANTOMS**  
 Instructors: **G. Michos**, GR, **P. Peitsidis**, GR, **E. Babas**, GR



## Chairs, Speakers, Instructors

### **Alvigi Carlo**

MD, PhD, Professor in Obstetrics - Gynecology, University Secondo of Naples, Italy

### **Anifandis George-Spyros**

Associate Professor of Embryology, Scientific head of the Embryology Laboratory of Medically Assisted Reproduction Unit, University of Thessaly Obstetrics and Gynecology Clinic, Larissa, Greece

### **Asouchidou Eirini**

Assistant Professor, Laboratory of Anatomy and Surgical Anatomy, Aristotle University of Thessaloniki, Greece

### **Athanassiou Vassilios**

Obstetrician - Gynecologist, Specialist in Reproductive Endocrinology & Infertility, Scientific Director at IVF Athens center, Greece

### **Babas Evaggelos**

Obstetrician-Gynecologist, Specialist in Assisted Reproduction, Thessaloniki, Greece

### **Bontis Ioannis**

Emeritus Professor of Obstetrics - Gynecology, Aristotle University of Thessaloniki, Greece

### **Bouchlariotou Soifia**

Obstetrician - Gynecologist, Assisting Nature, IASO Thessalias, Greece

### **Bronet Campos Fernando**

PhD, Head of IVF & PGT, Instituto Valenciano de Infertilidad IVI, Madrid, Spain

### **Chartomatsidou Tatiana**

BSc, MSc, Senior Clinical Embryologist, Assisting Nature, Thessaloniki, Greece

### **Chatzimeletiou Aikaterini**

MSc, PhD, Assistant Professor in Embryology - Genetics, Aristotle University of Thessaloniki, Head of IVF and PGD Laboratories, 1st Department of Obstetrics and Gynecology, Papageorgiou General Hospital, Thessaloniki, Greece

### **Chouliara Foteini**

MD, MSc, Obstetrician - Gynecologist, Assisting Nature IVF Unit, Thessaloniki, Greece

### **Christopikou Dimitra**

E.C.L.G, PhD, MSc, Geneticist, Private IVF Clinic, Assisting Nature, Athens, Greece

### **Dagklis Themistoclis**

Associate Professor in Obstetrics - Gynecology, Aristotle University of Thessaloniki, Greece

### **Daponte Alexandros**

Professor & Head of the Department of Obstetrics - Gynecology University of Thessaly, Greece

### **De Rycke Martine**

BSc, PhD, Lab supervisor Preimplantation Genetic Diagnosis, UZ Brussel, Belgium



## Chairs, Speakers, Instructors

**Destouni Aspasia**

BSc, PhD, 3rd Department of Obstetrics and Gynecology, Aristotle University of Thessaloniki, Greece

**Fatemi Human**

Medical Director, Middle East Operations for IVI-RMA, Middle East Fertility Clinics in Abu Dhabi, Dubai and Muscat, United Arab Emirates

**Fidani Styliani**

Professor 1st Laboratory of Medical Biology and Genetics, 2nd Department of Pediatrics, Greece

**Fragouli Elpida**

MSc, PhD, FRSB, FIBMS, Lecturer in Biomedical Science, Deputy Head of Department, Bournemouth University, Basic Science Officer ESHRE's SIG Embryology, London, UK

**Galiotou Maria**

Geneticist, Assisting Nature, Thessaloniki, Greece

**Georgiou Ioannis**

Professor of Medical Genetics and Assisted Reproduction, University of Ioannina, Greece

**Gkekas Athanasios**

Specialist in Human Reproduction, Clinical Director, IASO Thessaly, Greece

**Grimbizis Grigorios**

Professor in Obstetrics-Gynecology, Director of the 1st Obstetrics and Gynecology Department, Aristotle University of Thessaloniki, Greece

**Grynberg Michael**

Professor and Director of the Department of Reproductive Medicine & Fertility Preservation, Antoine Bécclère University Hospital, Clamart, France

**Ianae Ichikawa Ceschin**

MSc, Embryo Biology specialist- Igenomix part of Vitrolife Group, Spain

**Ioakeimidou Christina**

MD, MRCOG, BSCCP, MSc in Human Reproduction & Development, Obstetrician - Gynecologist, Assisting Nature, Thessaloniki, Greece

**Kakani Ourania**

Clinical Embryologist, Assisting Nature, Thessaloniki, Greece

**Kakourou Georgia**

BSc, PhD, Medical Genetics Lab, Medical School, National and Kapodistrian University of Athens, Greece

**Kalantaridou Sophia**

Professor of Obstetrics- Gynecology, National and Kapodistrian University of Athens, Greece

**Kaponis Apostolos**

Professor in Obstetrics - Gynecology, University of Patras, Greece

**Karakoç Sökmensüer Lale**

Professor of Obstetrics and Gynecology, IVF Laboratory Director, Hacettepe University, Ankara, Turkey

**Karapanou Christina**

BSc, Psychologist, Athens, Greece



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## Chairs, Speakers, Instructors

### **Katouna Afroditi**

BSc, MSc, Lab Director IVF Unit, Assisting Nature by IASO Thessaly, Greece

### **Kotzamanis Vassileios**

University of Thessaly, Greece

### **Koutsouni Anastasia**

Embryologist, Assisting Nature IASO Thessaly, Greece

### **Kyrou Polyxeni**

Consultant Senior Clinical Embryologist Laboratory Director, FIVI Fertility and IVF Center, European Interbalkan Medical Center, Thessaloniki, Greece

### **Laird Diana**

BSc, PhD, Professor in Residence, Obstetrics - Gynecology, Reproductive Sciences, University of California, San Francisco, USA

### **Litmanowicz Marek**

MD, PhD, Senior Consultant in Obstetrics & Gynecology, Reproductive Immunology Specialist, Head of Obstetrical & Gynecological Department of "Solec" Warsaw Hospital, Poland

### **Makrakis Evangelos**

MD, PhD, Scientific Director of 'HYGEIA IVF - Embryogenesis' Assisted Reproduction Unit, Athens, Greece

### **Mamopoulos Apostolos**

MD, PhD, Professor in Obstetrics - Gynecology - Maternal Fetal Medicine, Aristotle University of Thessaloniki, Greece

### **Markovic Nebojsa**

Specialist in Gynecology and Obstetrics, Subspecialty on Sterility and Infertility, Director of the Clinic for Treatment of Sterility, Spebo Medical, Leskovac, Serbia

### **Masoud Zamani Esteki**

Associate Professor, Head of the Laboratory of Cellular Genomic Medicine Maastricht, The Netherlands

### **Messini Christina**

Lecturer in Obstetrics - Gynecology, University of Thessaly, Greece

### **Michailidou Domna**

Deputy Minister of Labor and Social Affairs, Greece

### **Michos George**

Obstetrician - Gynecologist, Private Practice, Thessaloniki, Greece

### **Mümüşoğlu Sezcan**

Associate Professor of Obstetrics and Gynecology, Hacettepe University, Ankara, Turkey

### **Naidecki Robert**

MD, PhD, Reproductive Medicine, Assisting Nature, Thessaloniki, Greece

### **Nikitos Eros**

BSc, MSc, Lab Director IASO IVF Unit, Athens, Greece

### **Palapelas Vasilios**

Associate Professor in Obstetrics - Gynecology, Aristotle University of Thessaloniki, Greece



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## Chairs, Speakers, Instructors

### **Panagiotidis Ioannis**

Senior Clinical Embryologist, Lab Director, Iakentro IVF Unit, Thessaloniki, Greece

### **Papanikolaou Evangelos**

MD, PhD, Assistant Professor of Obstetrics - Gynecology, Aristotle University of Thessaloniki, Co-Founder Assisting Nature, Thessaloniki, Greece

### **Paschopoulos Minas**

Professor in Obstetrics-Gynecology, University of Ioannina, Greece

### **Pastroma Theoni**

Senior Clinical Embryologist, Scientific Head of Laboratory and Cryopreservation Bank IVF Gennima, Athens, Greece

### **Peitsidis Panagiotis**

Gynecologist - Obstetrician, Athens, Greece

### **Petrogiannis D. Nikolaos**

IVF Specialist, Director of IVF Unit, Naval and Veterans Hospital of Athens, Greece  
G. Secretary of HSOG

### **Plevris Athanasios**

Minister of Health, Greece

### **Salumets Andres**

CEO Competence Centre on Health Technologies (Tervisetehnoloogiate Arenduskeskus AS), Professor of Reproductive Medicine, Karolinska Institute Stockholm, Sweden and University of Tartu Estonia

### **Simopoulou Mara**

BSc, PhD, Associate Professor of Experimental Physiology - Embryology, National and Kapodistrian University of Athens, Lab Director IVF Unit, Aretaieio Hospital, Athens, Greece

### **Siomou Elisavet**

BSc, MSc, ErCLG, Clinical Laboratory Geneticist, Head of Molecular Genetics Laboratory Access To Genome

### **Stratakis Konstantinos**

MD, PhD, Director of NICHD USA, Scientific Director of Institute of Molecular Biology and Biotechnology ITE, Athens, Greece

### **Timotheou Evangelia**

Senior Clinical Embryologist, Lab Director, Assisting Nature, Thessaloniki, Greece

### **Traeger - Synodinos Jan**

D. Phil. (Oxon), Professor of Genetics, National and Kapodistrian University of Athens, Greece

### **Tsakiridis Ioannis**

Assistant Professor in Obstetrics - Gynecology, Aristotle University of Thessaloniki, Greece

### **Tsakos Elias**

Senior Consultant Obstetrician Surgeon Gynaecologist & Fertility Specialist, Thessaloniki, Greece



## Chairs, Speakers, Instructors

**Vaiarelli Alberto**

MD, Ph.D, Fertility Specialist, Medical Scientific Coordinator Genera Rome, GeneralLife Centers for Reproductive Medicine, Rome, Italy

**Vasilopoulos Ioannis**

Reproduction Doctor, Obstetrician - Surgeon - Gynecologist, Athens, Greece

**Verpoest Willem**

MD, PhD, Medical Director, Centre for Reproductive Medicine, University Ziekenhuis, Brussels, Belgium

**Vlachos Nikolaos**

Professor in Obstetrics-Gynecology, Director of the 2nd Department of Obstetrics and Gynecology, Aretaieio Hospital, National and Kapodistrian University of Athens, Greece

**Vrachnis Nikolaos**

MD, PhD, Associate Professor of Obstetrics - Gynecology, National and Kapodistrian University of Athens, Greece

**Yarali Hakan**

MD, PhD, Professor & Clinical Director of Anatolia IVF Center, Ankara, Turkey

**Zafeiratis Odysseas**

Obstetrician - Gynecologist, Co-Founder & Vice President Assisting Nature, Thessaloniki, Greece



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## General Information

### Dates

September 8th - 10th, 2023

### Conference Venue

**NOESIS**, Thessaloniki Science Centre and Technology Museum, 6th km Thessaloniki-Thermi, GR 57001, Thessaloniki, Greece, T. +30 2310 483000

### Assisting Nature

2 G. Kranidioti & Thessaloniki-Thermis Ave, Building Lamda I Pylaia, Thessaloniki, Greece, T. +30 2310 424294

### Official language

English will be the official language of the conference, no simultaneous translation will be provided.

### CME Accreditation

The Conference will be accredited with CME credits by the National Medical and EACCME.

### Certificate of attendance

Each registered participant will receive an official certificate of attendance after the Conference. According to the Accreditation Council for Continuing Medical Education, each medical specialist should compete 60% participation. Certificates will be sent electronically after the end of the conference.

### Congress badge

Upon registration all delegates will receive a name badge which is the passport to the scientific Conference sessions. Please wear your badge visibly at all times throughout the duration of the Conference.

### Presentations

Available visual equipment for all presentations will be through power point presentation. Presentations must be uploaded at the technical secretariat one hour prior to the presentation. The use of personal computers will not be feasible.

## General Information

### Exhibition

There will be an exhibition of medical equipment and pharmaceutical products at the Congress Venue.

### Registration Fees

Registration type	Fees
Doctors	<b>65,00 €</b>
Biologists	<b>40,00 €</b>
Midwives	<b>25,00 €</b>
Post congress course	<b>190,00 €</b>

*The above fees include the applicable VAT of 24%*

### Registration fees include

- Admission to all sessions of the conference
- Admission to the exhibition
- Coffee breaks during the conference
- Certificate of attendance

### Organization

## assistingnature

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### Congress Secretariat



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[www.globalevents.gr](http://www.globalevents.gr)

